



Readiness Checklist

Are you ready to create an intentional life roadmap through coaching
for your journey into your second half of life?

- I am ready to **seek clearness for** my personal mission, purpose, and vision as well as my personal and professional goals.
- I am ready to be **completely honest** with myself about where I am now and where I want to go from here in life
- I am ready to **move forward** into a new season of life, making whatever healthy changes are necessary to bear more fruit.
- I am ready to **do what it takes** to learn and grow and/or facilitate the ongoing equipping of myself, my family and others.
- I am ready to **invest time, energy, and financial resources** as needed to follow through on my commitments and reach my goals.
- I am ready to **make intentional choices** that are in line with my core values, strengths, and temperament.
- I am **ready to schedule** a FREE INITIAL CONSULTATION to see if Nancy is the right Certified Life Coach for me. _ which you have done☺

Bring this completed checklist with you when we meet together tomorrow with any questions.

Adapted from Vicki Corrington, Powerful and Effective Coaching.com